

In & Around TRUIST PLAZA

MARCH 2024

TRUIST
PLAZA Presents:

The Art of Truist Plaza A Guided Tour



In addition to being the architect & developer of Truist Plaza and Garden Offices, John Portman, Jr. was also a prolific artist. Please join us for a rare opportunity for a guided stroll where you can learn about the numerous pieces of artwork on display throughout Truist Plaza.



March 20th
4:30-6:30pm
Truist Plaza
Lower Lobby



RSVP required to enjoy 2 complimentary drink tickets and hors d'oeuvres from Pacific Rim, courtesy of Truist Plaza.
Bar Opens at 5:00.

Visit TruistPlazaArtTour2024.SplashThat.com for more information and to RSVP.

REGISTER
HERE!

TRUIST PLAZA VENDOR SHOW



Visit the Truist Plaza Food Court March 19th – 21st for the Truist Plaza Spring Vendor Show. Expect a variety of items to choose from shawls, scarves, jewelry, teas, tea accessories, healthy snacks, sweets, organic candles and body products.

Just Good Clean Cookin

Transcending Teas

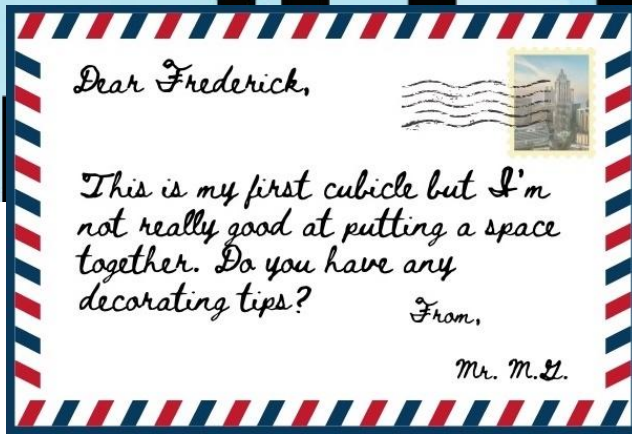
Sammy Cheezecake

Mo Soul Luv

Cedric Brown Collections

The Premium Collection

Ask Frederick



Caw! Decorating a new cubicle is akin to building a new nest in the perfect tree. It's about making a space that's not only comfortable and functional but also a reflection of who you are. Here are some tips to make your cubicle feel like your nest away from nest:

Add a Splash of Nature: Just as I cherish my surroundings in the wild, bring elements of nature into your cubicle. A small, low-maintenance plant can add life and color. Succulents or a peace lily are great options as they thrive in indoor conditions and require minimal care.

Illuminate Your Space: Ensure your cubicle is well-lit. If natural light isn't abundant, consider a small desk lamp that emits soft, warm light. It can reduce eye strain and make your space feel cozier.

Incorporate Personal Touches: Decorate with items that reflect your personality and interests. This could be photos of family, friends, or favorite places, artworks, or small collectibles. These items will not only personalize your space but can also serve as conversation starters with colleagues.

Organize with Style: Use stylish organizational tools to keep your desk clutter-free. Color-coordinated or themed folders, document holders, and pencil cups can keep your space tidy while adding to the overall aesthetic.

Comfort is Key: Just as a nest needs to be comfortable, so does your cubicle. Consider a cushion or a lumbar support for your chair to enhance comfort. A small footrest can also make a big difference in how you feel throughout the day.

Soundscapes: While I prefer the natural calls of the wild, you might enjoy a small, discreet speaker for playing background music or nature sounds to help you relax and focus, just make sure you don't disturb the rest of the flock.

Color Scheme: Choose a calming color scheme that makes you feel at ease. Soft blues, greens, or earth tones can create a tranquil environment that's conducive to productivity and creativity.

Make it Motivational: Incorporate elements that motivate and inspire you, such as a favorite quote, a vision board, or a piece of art that speaks to you. These can serve as reminders of your goals and aspirations.

Keep it Flexible: Your needs and tastes may change, so create a space that can evolve with you. Use items that are easy to switch out, so you can update the look of your cubicle without much effort.

Remember, your cubicle is your nest within the broader landscape of your workplace. Make it a space where you feel comfortable, motivated, and inspired to do your best work. Caw!

DOWNTOWN ATLANTA EVENTS



PRISMATICA ART INSTALLATION DOWNTOWN ATLANTA

Step into a world of color and sound with Prismatica – an interactive art installation at Woodruff Park! Explore 25 towering prisms, each adorned with mesmerizing dichroic film reflecting the vibrant hues of the rainbow. Don't miss your chance to immerse yourself in this dazzling display of light and creativity, free and open to the public until March 17th.

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ATLANTA SCIENCE FESTIVAL SCIENCE ATL

Experience the thrill of science at the Atlanta Science Festival, sponsored by Delta Air Lines, running from March 9th – 23rd. With over 100 interactive events across the metro area, there's something for everyone to enjoy. Don't miss the grand finale at Piedmont Park's Exploration Expo, featuring lively science booths and captivating presentations.

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BALLOON MUSEUM PULLMAN YARDS

Experience the wonder of balloons as art at the new Balloon Museum at Pullman Yards, where the "Let's Fly" exhibition showcases inflatable installations by 17 international artists exploring themes of gravity and light. From black-lit anime-style punching bags to smoke-emitting bubbles and suspended inner tubes, each exhibit offers a unique and immersive experience for visitors of all ages. The exhibition runs until April 14th.

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PHOENIX FLIES ATLANTA PRESERVATION CENTER

Since 2003, Atlanta has celebrated its rich history and architectural heritage through Phoenix Flies: A Celebration of Atlanta's Historic Sites, a cherished annual event presented every March. This free celebration offers a unique opportunity to explore and appreciate the city's historic buildings, landscapes, and neighborhoods. Now in its 21st year, Phoenix Flies continues to unite individuals and organizations in showcasing the significance of Atlanta's historic environment. Events run from March 2nd – 24th.

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RESTAURANT UPDATES

Flaky not Flaky

Bake Shoppe and Chocolatarium

Coming soon to Truist Plaza Food Court!

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TRUIST PLAZA RETAIL

RETAIL SHOPS & SERVICES

Big Kahuna
Pacific Rim Bistro
Morton's The Steakhouse
Dunkin' Donuts
Tower Lobby
Garden Deli
Nick's Executive Shine
Caribou Coffee
King Clean Auto Spa
Fooda

OPERATING DAYS

Mon. - Fri., Sat.
Mon. - Fri., Sat.
Mon. - Sun.
Mon. - Fri.
Mon. - Fri.
Mon. - Fri.
Mon. - Fri.
Mon. - Fri.
Tues. - Wed.
Mon. - Thurs.

OPERATING HOURS

11:30 AM - 9:00 PM, 4:00 PM - 9:00 PM
11:30 AM - 2:00 PM, 5:00 PM - 9:00 PM
4:00 PM - 9:00 PM
7:00 AM - 1:00 PM
8:00 AM - 3:00 PM
8:00 AM - 3:00 PM
7:00 AM - 3:00 PM
7:00 AM - 3:00 PM
8:30 AM - 4:00 PM
11:30 AM - 1:30 PM



COMMUNITY MANAGER'S CORNER



Great things are happening all over Atlanta. Never miss out on the events happening in and around Atlanta again by subscribing to the Weekend Happenings, our weekly newsletter.

You can find Truist Plaza on social media! Stay up to date on happenings around the building, including Truist Plaza eateries promotions.

Click the following links to view Truist Plaza's social media pages: [Twitter](#), [Instagram](#) and [Facebook](#).

[Click here](#) to add yourself to the distribution list. Defrieda Doggett can be reached at 404-614-5470 or via email at frieda@urbanenterprises.com, between the hours of 8:00 am to 5:00 pm Monday-Friday. The Community Manager desk is in the Truist Plaza LL Conference Center, Suite 155.



WOMEN'S HISTORY MONTH

Women's History Month, celebrated annually in March, honors the vital contributions and achievements of women throughout history.

Originating from

International Women's

Day on March 8th, this month serves as a reminder of the remarkable women who have shaped societies and paved the way for progress in various fields. From trailblazing activists and scientists to political leaders and artists, Women's History Month celebrates the resilience, courage, and accomplishments of women worldwide. It's a time to reflect on past achievements, acknowledge ongoing struggles for gender equality, and inspire future generations to continue breaking barriers and creating positive change.



MARCH HOLIDAYS

MARCH 2024

WOMEN'S HISTORY MONTH

MARCH 8, 2024

INTERNATIONAL WOMEN'S DAY

MARCH 10, 2024

NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY

MARCH 17, 2024

ST. PATRICK'S DAY

MARCH 19, 2024

FIRST DAY OF SPRING

MARCH 26, 2024

EPILEPSY AWARENESS DAY

MARCH 31, 2024

EASTER SUNDAY